

# Optum

Invest In Your Health



**Easy access to confidential  
help 24 hours a day**

**There's no cost to call.**

**Contact us anytime you  
need help with life's concerns.**

Your Employee Assistance Program



Call

**800-886-9747**

Scan the QR code and log on to  
**[supportfinder.optum.com/Indiana](https://supportfinder.optum.com/Indiana)**

Access code: Indiana